**2016 Falling Leaves Lacrosse Tournament Rules**

**November 12th & 13th**

**Field**

* All fields will be 80 x 40. Each field will have a midline but no restraining box.

**Gameplay**

* 8 v 8 format (2 Att, 2 Def, 3 Mid, 1 Goalie)
* (2) 22 minutes running time halves, 4 minute half time. All halves will begin and end with a double air horn. A single blow of the air horn will be a two minute warning.
* Face-offs will occur after a goal and at the beginning of each half. Wings line up on sideline and Attack and Defense have to stay below goal line extended until possession is called. If youth coaches agree, ball can be awarded to the goalie after a goal is scored in place of a face-off.
* On Sunday, If a youth team is trailing by 5 or more goals, after a goal is scored the team will receive the ball at midfield.
* No body checking, this will be assessed a personal foul and if continued expulsion from the game. Flagrant body checks will result in the player being removed from the game.
* Penalties will be 30 seconds for a technical and 1:00 for personal foul. Coaches will keep time and start with the officials whistle.
* All substitutions will be made at the substitution box on the fly. 3-4 and 5-6 coaches may substitute on whistles if it is not slowing the game down at the referees discretion.
* Each team will have one timeout per half that can’t be called in the last two minutes of the half. Timeout will be 1 minute in duration.
* All ties will be decided by a 1 v 1 sudden victory braveheart starting with a face-off.
* All teams must have an adult who will be on the sideline and in charge of their team.
* Any players or coaches involved in a fight will be immediately removed from the tournament. No exceptions
* Flagrant fouls: 1st foul will be removed from the game. 2nd foul (occuring anytime during the remainder of the tournament) will be removed from the tournament. The certified NYS referee will be the sole determinant as to whether a foul is flagrant or not.

**Players**

* Players must wear full equipment at all times during the game
* Mouthguards must be worn by all players